



### **ARE YOU IN GREAT SHAPE? A QUESTION FOR THE NEW YEAR**

#### **A ROSH HASHANAH MESSAGE**

**by Rabbi Haskel Lookstein**

In May, I called a member of our congregation and, in the course of the conversation, I asked him: "So tell me, how are you?" He replied: "*I am in great shape for the shape I'm in.*" At first I laughed at the clever turn of language, but then as I reflected on it, I realized that there is something of a philosophy of life contained in that *bon mot*.

Personally and collectively, we all have our share of problems. The question is how do we respond to that share? Do we bemoan our fate, complain and lash out at all those around us and sometimes even at ourselves? Or, do we take the hand that God deals us and determine how we play that hand? In the final analysis, we often have very little control over the hand we are dealt, but we have almost total control over how we deal with the hand.

As we confront a New Year in an atmosphere of uneasiness as Americans and as Jews, we ought to concentrate not so much on what our problems are but rather on what

solutions are available. It would be great if we lead a problem-free existence, but that only happens after 120 years. Life consists of dealing with problems forthrightly, with both confidence and faith.

I related the above *bon mot* to an elderly friend. His reaction was instructive. He said that when he ponders his own difficulties he thinks about all the problems that he *doesn't* have and thanks God accordingly.

So, the next time somebody asks you how you are doing, think about the possibility of responding "Thank God, I'm really in great shape for the shape I'm in."

May we all be inscribed and sealed for a year of health, happiness and peace, and may we be able to be grateful for all the problems and ills which we don't have and work constructively to resolve the ones we do have.

**Rabbi Haskel Lookstein**

*P.S.: If you would like to know the author of the statement that inspired this message, his initials are E.P.*

Starting September 8, Congregation Kehilath Jeshurun will proudly host a traveling museum exhibit from the Soloveitchik Institute, featuring the life and works of The Rav. Entitled *Celebrating the Rav: An Exhibit Exploring the Life & Legacy of*

**Rabbi Joseph B. Soloveitchik**, the exhibition commemorates The Rav's 10th *yahrzeit* and 100th birthday, and will be on display through September 24th in the Safdie Family Lobby in the Synagogue House.

### **PREPARE YOURSELF FOR THE HIGH HOLY DAYS**

#### **SELICHOT SERVICES**

Saturday, September 20

10:00 PM

*Collation*

9:15 PM

#### **ROSH HASHANAH WORKSHOP**

**RABBI ELIE WEINSTOCK**

Tuesday, September 23

8:00 PM

#### **YOM KIPPUR WORKSHOP**

**RABBI ELIE WEINSTOCK**

Tuesday, September 30

7:00 PM

#### **TESHUVA SHIUR**

**RABBI SAUL BERMAN**

Tuesday, September 30

8:00 PM

#### **SHABBAT SHUVA DRASHA**

**RABBI HASKEL LOOKSTEIN**

**"Shabbat and Yom Tov:  
An Analysis of Man  
In Relation To Himself,  
To Society and To God"**

Saturday, October 4

5:40 PM

## L'HITRA'OT X PLANS FOR THANKSGIVING MISSION TO POLAND AND ISRAEL TAKING SHAPE



We are very excited about the forthcoming KJ Mission to Israel and the optional addition of a pre-trip visit to Poland, scheduled for this fall's Thanksgiving period.

Here is the plan:

Over the weekend preceding Thanksgiving, we will leave for Poland from Kennedy Airport.

One day will be spent in Warsaw — visiting the Jewish cemetery, the ghetto areas, the Nozyk Synagogue, the Rapaport Memorial, Mila 18 and Umshlagplatz, with a possible visit to Treblinka, time permitting.

A second day will be spent in Lublin, seeing the Yeshiva of Chachmei Lublin, the Lublin Ghetto, and Majdanek.

And, finally, a third day will include Cracow, visiting the Ramah Synagogue, the accompanying cemetery, and other places of historical importance in that city. There will also be a half day at

Auschwitz/Birkenau.

David Bernstein, Dean of the Pardes Institute and a former history teacher and youth director in both Ramaz and KJ, will accompany us as the scholar on this Heritage Seminar's section of the trip.

We fly from Poland to Israel on Wednesday night, going from the land of destruction to the land of redemption. Joining us there will be those who flew directly to Israel from the United States. Spending Thursday, Friday, Shabbat and Sunday in Israel, we will be touring, amongst other places, Ir David and Ramat Rachel, which include sites from the First Temple era, the Second Temple period, and modern battlefields of 1948 and 1967.

In Israel we will be based in the Inbal Hotel. Of course, we will hear talks and shiurim by outstanding Israeli personalities.

### MEN:

### THIS KOL NIDRE NIGHT AND YOM KIPPUR DAY DRESS UP BY WEARING A WHITE KITEL

You may obtain one at a moderate price at Judaica Classics By Doina in the synagogue lobby, 212-722-4271.

### WELCOME

Kehilath Jeshurun is proud to warmly welcome the following new members who have joined the Congregation between the last Bulletin and August 18th:

Jessica & Rafael Bernstein  
Ety & Eugene Biro  
Matthew Bloom  
Joy & Sam Dushey  
Ruth & Rafi Fouzailoff  
Rachael & Alex Kohl  
Brenda H. Lavi  
Deborah Karol & Larry Levine  
Guglielmo Lichtner  
Jennifer & Marc Mandel  
Chaim Meller  
Gabrielle & Michael Muller  
Leslie & Samuel Perlman  
David Pine  
Sheryl Stein & Moshe Ratson  
Monique & Andrew Rechtschaffen  
Amy & Richard Rubenstein  
Heather & Jerry Siegelman  
Ora & Michael Singer  
Marilyn & Harry Spiera  
Jessica Strauss  
Hayley & Michael Trock  
Randi & Andrew Ward  
Ariel & Joshua Weiner



If you wish to learn more about OPERATION L'HITRA'OT X, call Ariel Tours at 718-633-7900 or e-mail them at [KJMission@ArielTours.com](mailto:KJMission@ArielTours.com); or write to Ariel Tours at 4311 18th Avenue, Brooklyn, NY 11218, Attn: KJ Mission. **Please do not contact the KJ Synagogue office directly.**

OPERATION L'HITRA'OT X will give those who participate an opportunity to visit the scene of a vibrant Jewish community which was utterly destroyed during World War II, and to then go from destruction to reconstruction by traveling to Israel and joining our people in the Holy Land. It should be a fabulous experience.

## RABBI SAUL BERMAN TO SPEAK AT TESHUVA SHIUR TUESDAY, SEPTEMBER 30, AT 8:00 PM

Rabbi Saul Berman will deliver the Congregation's annual Teshuva Shiur on Tuesday evening, September 30 at 8:00 PM in the Riklis Social Hall.

Rabbi Berman's *shiurim* have been extremely well-received and he has delivered this *shiur* at KJ over the past several years.



University in Israel.

Rabbi Berman served as Senior Rabbi of Lincoln Square Synagogue and as Chairman of the Department of Judaic Studies at YU's Stern College. Additionally, he was on the faculty of the Columbia University School of Law. He is now a senior faculty member

A graduate of Yeshiva University and its Rabbi Isaac Elchanan Theological Seminary (RIETS), Rabbi Berman holds a law degree from New York University and a degree in Political Science from the University of California at Berkeley. He also studied at Hebrew University and Tel Aviv

and founder of Yeshivat Chovevei Torah. Currently he is the founding Director of EDAH, an organization devoted to the invigoration of Modern Orthodox ideology and religious life.

We are proud to note that Rabbi Lookstein is Chair of EDAH's Advisory Council.

## RABBI HASKEL LOOKSTEIN TO DELIVER SHABBAT SHUVA DISCOURSE

*“Shabbat and Yom Tov --  
An Analysis of Man in Relation  
To Himself, To Society and To God”  
Saturday, October 4, at 5:40 PM*

In the spring I was sent a taped *shiur* by Rav Soloveitchik, of blessed memory, recorded on December 24, 1973. The purpose of my receiving the tapes was to elicit comments on a strong statement of the Rav in that *shiur* relating to the indifference of American Jews to the Holocaust while it was in progress. I wrote an article on his statement and its implications which should appear in a forthcoming issue of the journal *American Jewish History*.

In the process of listening to the tapes, I was both informed and inspired by a fascinating analysis of Shabbat and Yom Tov. The Rav distinguishes between a *Yom Kadosh* — a holy day — and a Yom Tov. In so doing, he explains some of the fundamental differences between

Shabbat and Yom Tov (Yom Tov includes both the three pilgrimage festivals as well as Purim and Chanukah) *halakhically* and suggests implications for man's role in the world in relation to God. He also develops a tension which Judaism recognizes — and requires — between man as an individual and man as he is enmeshed in the community.

The ideas in the Rav's *shiur* present a moral and religious challenge to every Jew especially during the High Holy Day season. I look forward to sharing the challenge with you in the Shabbat Shuva discourse on Shabbat afternoon, October 4, after Mincha which begins at 5:40 PM.

Rabbi Haskel Lookstein

## KESHER IS YOUR CONNECTION TO KJ

Kesher, the Hebrew word for “connection,” is the name of the group at KJ that serves as a bridge for young families within the congregation. Kesher provides the opportunity for members (new and old) to meet and mingle in a relaxed social atmosphere. This in turn helps all feel welcome and fosters a commitment to and sense of community within the KJ family.

In addition to its regular programs and events, Kesher also provides a Shabbat dinner for parents of every new baby born to a KJ family in order to help ease the strain of new parenthood. This *chesed* project is aimed at making the first Shabbat home as easy as possible.

This year Kesher bids farewell to Anne Schwartz and Mark Todes, who after several years of outstanding service, are stepping down as Kesher Presidents. Leading Kesher with a returning Deena Shiff will be her new co-presidents Sara Shemia and Robyn Price Stonehill.

In an effort to involve the community even more in the Kesher group, an active board will be established to help plan upcoming events and develop other programs. If you are interested in participating on the board, please contact Robyn Price Stonehill at [robyn.pricestonehill@us.fortis.com](mailto:robyn.pricestonehill@us.fortis.com). We look forward to a fun year with a full calendar of events!

### KESHER EVENTS

- ♦ *October 18*  
Shemini Atzeret Kickoff  
Kiddush on the Roof
- ♦ *November 16*  
Uncle Moishy Concert
- ♦ *January 16*  
Friday Night Dinner
- ♦ *February 28*  
Melave Malka
- ♦ *May 8*  
Spring Luncheon



## GOOD COMPANY

As we welcome the New Year 5764, we look forward to seeing a lot of familiar faces joining together to worship at Congregation Kehilath Jeshurun. This year, however, we also hope to see a number of friends who we've been missing. For many of our community members, distance can be an obstacle to attending services on Shabbat and Yom Tov. Thanks to **Good Company**, these friends no longer need to walk alone.

The latest offering of KJ's Chesed Committee, **Good Company** provides congregants with the opportunity to be paired with a companion to go to and from shul. The Good Company escort can provide anything from friendly conversation to a sturdy arm, depending on the needs and desires of the program participant. Wheelchair assistance both inside and outside KJ is also available. Escorts are volunteers from our congregation, and can be adults or students. Ramaz students in the tenth grade can receive credit toward their school Chesed requirement.

As the name indicates, **Chesed Inside and Out**, KJ's Chesed Committee looks for opportunities for our congregants to do Chesed both

inside and outside our immediate community. **Good Company** is a mutually rewarding program that allows our members to both give and receive acts of Chesed while helping to bring our community together to worship. We hope it is a positive addition to our expanding group of programs designed to provide our members with easy and fulfilling ways to integrate Chesed into their daily lives.

We are now welcoming participation in this exciting new program. If you would like to be a volunteer escort, or would enjoy **Good Company** on your walk to and from shul, please let us know. Just contact Sherry Cohen, program coordinator, at 212-288-4571 or [mombeckie@aol.com](mailto:mombeckie@aol.com). Program information will also be mailed to the congregation in September.

If you are interested in getting involved in other new and ongoing **Chesed Inside and Out** initiatives, please contact Nicole Gruenstein at [nicole\\_gruenstein@yahoo.com](mailto:nicole_gruenstein@yahoo.com).

L'Shana Tova.

Nicole Gruenstein

Chair, KJ Chesed Committee

## KJ ISRAEL ACTION COMMITTEE NEEDS YOU

There is much to be done on the Israel action front!

The Israel Action Committee (IAC) has changed its means of disseminating information. Now, there are frequent action emails that get sent to those who have signed up to be on the recipient list. To be included, please email [israel@ckj.org](mailto:israel@ckj.org). Be sure to include your name and email address.

The IAC is also looking for volunteers to staff various projects and initiatives. If you have ideas and/or have time to devote to them, please email [israel@ckj.org](mailto:israel@ckj.org).

Please call President Bush daily (202-456-1111) to urge his continued support of Israel and to encourage America's fight against worldwide terrorism.

One of the most important ways to help Israel from New York is to get involved in grass roots political and media action activities. If you are interested in becoming more active, please convey that to [israel@ckj.org](mailto:israel@ckj.org) as well.

## A FEW WORDS FROM ANNIE SHVESTER

We are pleased to call to your attention several upcoming activities, sponsored by the KJ Sisterhood. First, the Rosh Hashanah Boutique will be held on Wednesday, September 3 from 9:30 AM – 2:30 PM. Vendors will offer merchandise such as tablecloths, hats, kids' clothing, accessories and much more in the Riklis Social Hall.

If you are unable to make all of your family's Rosh Hashanah purchases at the boutique, you may wish to take advantage of a field trip to Woodbury Commons. A comfortable coach bus will await you on Tuesday morning, September 9 at 9:00 AM in front of KJ to whisk you and your friends off for a day of luxury shopping. Fifty-four dollars will get you round-trip transportation, a delicious 'boxed lunch,' a coupon booklet with many money-saving opportunities at the mall, and the camaraderie of friends and friends-to-be made.

Plans are also in the works to offer a Health Symposium on Monday, September 15 at 9:15 AM. Details will be found in the Shabbat Announcements, so stay tuned.

Remember, should the occasion arise, there is no better way to mark a simcha — or any milestone, be it a birthday, an anniversary, or a Bar or Bat Mitzvah, than by sponsoring a Shabbat Kiddush and celebrating with friends.

If you want more information on any of these events, you can e-mail Annie at [onegshabat@aol.com](mailto:onegshabat@aol.com), or you can call Alice Smokler at the synagogue office, 212-774-5670.

## KJ/RAMAZ CAREER NETWORK

The ultimate networking resource. Contact Larry Kassman at [KasTrade@aol.com](mailto:KasTrade@aol.com) to receive an electronic registration form.

## A HIGH HOLIDAY SERVICE FOR THE NOVICE WORSHIPPER



*Introducing a Rosh Hashanah and Yom Kippur Service for adults with little or no background in Judaism:*

- ☞ Prayers and Rituals Explained
- ☞ Biblical Insights
- ☞ Historical Overviews
- ☞ Congregational Readings and Singing
- ☞ Over 100 Shofar Blasts
- ☞ Questions and Answers

Services will be conducted at:  
CONGREGATION KEHILATH  
JESHURUN  
Gottesman Center (across the street)  
114 East 85th Street  
(between Park & Lexington Avenues)

Rosh Hashanah morning services will be held on Saturday and Sunday, September 27th and 28th at 8:00 AM.

Kol Nidre services will be held at 6:00 PM on Sunday evening, October 5th followed by Yom Kippur services at 9:00 AM the next morning.

For Information Call:  
CONGREGATION  
KEHILATH JESHURUN  
212-774-5600  
Tickets: \$60

## RABBI ELIE WEINSTOCK TO DIRECT BEGINNERS AND EDUCATIONAL PROGRAMS



We are very happy to announce the appointment of Rabbi Elimelech Weinstock as the new Assistant Rabbi and Director of Outreach and Education. Rabbi Weinstock comes to us as a graduate of MTA, Yeshivat Kerem B'Yavneh, Yeshiva University, and the Rabbi Isaac Elchanan Theological Seminary of YU.

Rabbi Weinstock served for two years as student rabbi of the Orthodox community at Yale University and as a member of their Hillel staff. For the past four years, he has been the associate director of the New England Region of the National Conference of Synagogue Youth (NCSY). Additionally, he ran community outreach programs for Greenwich and throughout southern Connecticut.

He brings to our community excellent experience in the rabbinate and professional outreach, and a desire to have our landmark Beginners program develop and grow.

Joining him in our congregational family will be his wife, Dr. Naama Weinstock, a native of Memphis and a recent graduate of Columbia University's School of Dental and Oral Surgery, and their two year old daughter Meira.

We welcome them to the KJ community and look forward to the wonderful contributions that they will make to our congregational family.

### CONGREGATION KEHILATH JESHURUN BEGINNERS PROGRAM PRESENTS...

#### NEW YEAR'S EVE BASH! BEGINNERS' ROSH HASHANAH DINNER

**Friday night, September 26, at 7:30 PM**

*Come celebrate with us!  
Enjoy a catered Rosh Hashanah Dinner  
in a select company of friends.*

**Special Rosh Hashanah services at 6:40 PM.**

### ONE DAY HEBREW REVIEW

The *One Day Review* will have you recalling and perfecting your Hebrew reading skills in just a few hours.

Familiarize yourself with some of the High Holiday prayers while refreshing your Hebrew!

Preceded by Sunday morning Beginner Services at 9:30 AM.

***Taught by Rabbi Elie Weinstock***

**Sunday, September 14 10:30 AM to 12:00 PM**

## SCHEDULE OF HIGH HOLY DAYS

### ROSH HASHANAH

#### Friday, September 26, Rosh Hashanah Eve

Selichot Service (Z'chor Brit)	.6:30 AM
Candle Lighting	.6:29 PM
Evening	.6:40 PM

#### Saturday, September 27, Rosh Hashanah I

Morning	.8:00 AM
Beginner's Service	.8:00 AM
Evening	.6:25 PM
Candle Lighting	After 7:21 PM

#### Sunday, September 28, Rosh Hashanah II

Morning	.8:00 AM
Beginner's Service	.8:00 AM
Tashlich	.5:30 PM
Evening	.6:40 PM
Conclusion of Yom Tov	.7:19 PM

### TSOM (FAST OF) GEDALIAH

#### Monday, September 29

Fast begins	.5:29 AM
Morning	.6:45 AM
Mincha	.6:20 PM
Fast ends	.7:14 PM

### DAILY SERVICES:

#### Tuesday - Wednesday, September 30 - October 1

Morning	.7:00 AM
Evening	.6:30 PM

#### Thursday, October 2

Morning	.6:45 AM
Evening	.6:30 PM

#### Friday, October 3

Morning	.7:00 AM
Evening	.6:30 PM
Candle Lighting	.6:17 PM

### SHABBAT SHUVA

#### Saturday, October 4

Morning	.9:00 AM
Evening	.5:40 PM
Shabbat Shuva Discourse by Rabbi Haskel Lookstein	
Conclusion of Shabbat	.7:09 PM

### YOM KIPPUR

#### Sunday, October 5, Yom Kippur Eve

Morning	.8:10 AM
Mincha	.2:30 PM
Candle Lighting	.6:14 PM
Kol Nidre	.6:15 PM
Beginners	.6:00 PM

#### Monday, October 6, Yom Kippur Morning

Main Synagogue	.8:30 AM
Heyman Auditorium	.9:00 AM
Gottesman Center Falk Auditorium	.9:00 AM
Beginners	.9:00 AM
Fast ends	.7:06 PM

### DAILY SERVICES - Week of October 7 - 10

Morning, Tues, Wed & Fri	.7:30 AM
Morning, Thurs	.7:15 AM
Evening	.6:20 PM

### SUKKOT

#### Friday, October 10, Sukkot Eve

Candle Lighting	.6:06 PM
Evening	.6:20 PM

#### Saturday, October 11, Sukkot I

Morning	.9:00 AM
Intermediate Service	.9:00 AM
Evening	.6:05 PM
Candle Lighting	After 6:57 PM

#### Sunday, October 12, Sukkot II

Morning	.9:00 AM
Evening	.6:15 PM
Conclusion of Yom Tov	.6:56 PM

### DAILY SERVICES - CHOL HAMOE'D SUKKOT

#### October 13 - 16

Morning	.6:45 AM
Evening	.6:10 PM

### CONCLUDING FESTIVAL DAYS

#### Friday, October 17, Hoshanah Rabbah

Morning Services	.6:30 AM
Candle Lighting	.5:55 PM
Evening	.6:10 PM

#### Saturday, October 18, Shemini Atzeret Morning

Morning Services	.8:30 AM
(Yizkor recited)	
Intermediate Service	.9:00 AM
Mincha	.5:55 PM
Ma'ariv and Simchat Torah Hakafot	.6:30 PM
Candle Lighting	After 6:47 PM

#### Sunday, October 19, Simchat Torah

Morning	.9:00 AM
Women's Tefilah Group	.9:15 AM
Evening	.6:05 PM

### CHILDREN'S SERVICES SCHEDULE

#### ROSH HASHANAH I AND II. . . . . 11:00 AM - 1:00 PM

Junior Congregations (1st & 2nd, 3rd & 4th, 5th & 6th Grades)  
Nursery - Kindergarten - Toddler Congregation (Ages 1-3)

#### YOM KIPPUR KOL NIDRE NIGHT . . . . . 6:15 PM

Junior Congregations (1st & 2nd, 3rd & 4th, 5th & 6th Grades)

#### YOM KIPPUR DAY . . . . . 11:00 AM - 1:30 PM

Junior Congregations (1st & 2nd, 3rd & 4th, 5th & 6th Grades)  
Nursery - Kindergarten - Toddler Congregation (Ages 1-3)

### KJ COLLEGE CONNECTION

**KJ College Connection,** Chaired by Abe Esses and Harry Kleinhaus, maintains a warm, personal connection with the college and graduate school aged children of synagogue members who are studying at out-of-town U.S. universities. If you are the parent or grandparent of a KJ student attending an out-

of-town U.S. university, please send the child's (i) name, (ii) e-mail address, (iii) dormitory mailing address, and (iv) campus package delivery address, if different from (iii), above, to the KJ College Connection at [LJRT@aol.com](mailto:LJRT@aol.com), to insure their receiving special mailings and holiday gifts.

## HIGH HOLY DAY SEASON HIGHLIGHTS

### The Month of Elul

- Sounding of the SHOFAR each morning after Shacharit.
- Recitation of the entire Book of Psalms at KJ.
- Selichot Services each morning beginning Monday, September 22, a half hour before morning services.

### ROSH HASHANAH

- Beginning of God's judgement.
- Sounding of the Shofar at 10:00 AM on Sunday, September 28. (Those ill at home or hospital contact Rabbi Joshua Cypess for special arrangements.)

### Rituals to Remember

- Lighting of candles and *Shehecheyanu*.
- Rosh Hashanah Kiddush
- Washing of hands and *motzi* over two round challahs and dipping the pieces in honey (continued through Hoshanah Rabbah.)

### First Night

- Rosh Hashanah greeting upon leaving shul:

### לשנה טובה תכתבו

"May you be inscribed for a Good Year."

- Dipping of apple into honey with blessing over fruit and "May it be Thy will to grant us a good and sweet year."

**יהי רצון מלפניך יי-הוה א-להינו וא-להי אבותינו  
שתחדש עלינו שנה טובה ומתוקה.**

### Second Night

- **Tashlich** - Sunday, September 28, 5:30 PM, at Central Park Reservoir near 85th Street or Carl Schurz Park at the East River and 86th Street.
- Wearing a new garment. Keep in mind when reciting *Shehecheyanu* at Kiddush.
- Eat a new fruit not yet eaten this season and say the blessing over fruit.

### Tsom Gedaliah (Fast of Gedaliah)

- First Weekday after Rosh Hashanah, Monday, September 29.

### 10 Days of Repentance

#### (Rosh Hashanah - Yom Kippur)

- Accept new, improved behavior responsibility in relationship to God and one another.

## THE MIKVEH ON THE EVE OF YOM KIPPUR

Every year on the eve of Yom Kippur, there is a custom for men to immerse in the mikveh in preparation for this holy day.

One does not have to be a holy person to participate in this activity. On the contrary, for those of us who are just trying to be observant Jews, it is an added inspiration and preparation for a great day of introspection.

Our practice at KJ is that we observe this custom as a group before the morning service. All MEN are invited to assemble at the mikveh, 234 West 78th Street (East of Broadway) at 7:15 AM on Sunday, October 5. Everyone will have the opportunity to immerse and then we will return to KJ for Shacharit services.

For more information please call Rabbi Joshua Cypess at the synagogue office (212-774-5630).

### YOM KIPPUR – A day of denial

- Avoidance of food, drink, washing, lotions and oils, and marital relations.
- Refraining from wearing leather shoes (wear a pair of non-leather footwear).
- Men are strongly encouraged to wear a white *kittel*.
- Candlelighting available prior to 6:14 PM in the Synagogue House and Gottesman lobbies before Kol Nidre on Sunday, October 5.

### SUKKOT

- All meals with bread or mezonot should be eaten in a Sukkah.
- Lulav and Etrog are not used on Shabbat, but will be used beginning on Sunday, October 12.

You may purchase Israeli Lulav and Etrog through KJ by contacting Rabbi Elie Weinstock in the synagogue office. (Reservation forms will be sent to all members under separate cover.) Deadline is Monday, September 29.

### Sukkah Meals in the KJ Sukkah

Friday, October 10 – Dinner

Saturday, October 11 – Lunch and Dinner

Sunday, October 12 – Lunch

(Reservation forms will be sent to members under separate cover.)

Deadline, *space permitting*, is Friday, October 3

You must reserve space for a non-catered meal in the Sukkah as well

**Members:**      **Adults \$30**      **Jr. Members\* \$25**      **Children\*\* \$15**

**Non-Members:**      **Adults \$35**      **Jr. Members\* \$30**      **Children\*\* \$25**

**\*Ages 12-18      \*\* Ages 2-11**

### Hoshanah Rabbah

- Friday morning at 6:30, October 17.
- Close of the penitential season.
- High Holy Day melodies. Seven circuits around the shul with *Lulav* and *Etrog* and beating of the *Aravot*.
- President's breakfast sponsored by Shlomit and Chaim Edelstein.

### Shemini Atzeret

- Shacharit at 8:30 AM.
- Intermediate service at 9:00 AM.
- Yizkor recited.
- Ecclesiastes (*Kohelet*) read.
- Chatanim presented to the congregation.

### Simchat Torah

- Evening – Saturday, October 18, 5:55 PM  
BRING CHILDREN AT 5:55 PM  
Nursery - Sixth Grade – Lobby Level  
Teens – Main Synagogue
- Hakafot Unlimited – Singing and dancing celebration in the Auditorium following services. A light meal and Torah discourses will conclude the evening. All are invited!
- Simchat Torah Day. Sunday, October 19
- Hakafot with singing and dancing.
- Chatanim called to the Torah.
- Women's Tefilah Group meets in Chapel at 9:15 AM
- Buffet kiddush following services.



**THE BLESSING OF THE BROKEN HEART**  
**AUTHOR SHERRI MANDELL**  
**TO BE GUEST SPEAKER**  
**AT SPECIAL AM HASEFER MEETING**  
**SUNDAY, SEPTEMBER 14, 6:30 PM, AT KJ**

Sherri Mandell, Director of the Koby Mandell Foundation Women's Healing Retreat for Bereaved Mothers and Widows, will be our guest speaker at a special meeting of KJ's Am HaSefer Book Discussion Club, to be held on Sunday evening, September 14, at 6:30 PM at the Synagogue.

A complimentary light sandwich supper will be served.

Koby Mandell was only thirteen years old when he and his friend Yosef cut school to go hiking. Their bodies were found a day later. They had been brutally stoned to death by Arab terrorists in a cave in the Judean desert. The extreme cruelty of this act of terror shocked the world, and devastated their families. How does a family recover from such a loss?

*The Blessing of a Broken Heart* is at once devastating and life-affirming, shot through with immense pain and yet also with immense beauty and courage. Sherri Mandell's ability to find meaning in the depths of darkness and her determination to look for grace and love rather than succumb to hate

and despair are inspiring and humbling. She is broken-hearted, but not broken.

Sherri Mandell also authored *Writers of the Holocaust* and has written for numerous magazines and journals, including *The Washington Post* and *The Jerusalem Post*. She and her husband Rabbi Seth Mandell believe that the Jewish response to suffering is to live a fuller and more engaged life, helping others who have suffered the trauma of loss. In this way, they keep Koby's spirit alive in the world.

All members of the congregational family are invited to attend.

**Other books to be reviewed by Am HaSefer this year:**

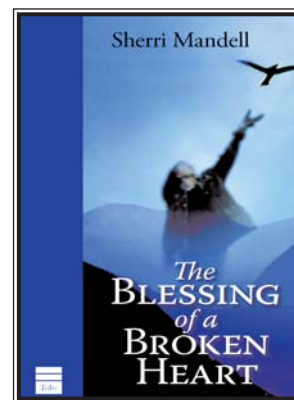
*The Discovery of God: Abraham and the Birth of Monotheism* with the author David Klinghoffer.

*Here There Is No Why: A Holocaust Memoir* by Rachel Roth.

*Adjusting Sights* by Rabbi Haim Sabato, to be reviewed by Rabbi Haskel Lookstein.



Sherri Mandell



**YOUR SIMCHA  
AND THE WOMEN'S  
TEFILAH GROUP**

Celebrating a Bat Mitzvah, a recent engagement, or a forthcoming wedding with the Women's Tefilah Group is a meaningful way to mark such an important milestone. If you are interested in celebrating your simcha in this manner or would like to learn what this entails, please call Riva Alper at 212-249-6187.

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Current information about:

- ◆ Special Events
- ◆ Ongoing Programs
- ◆ Shabbat & Holiday Schedules
- ◆ Classes
- ◆ Past & Current Bulletins
- ◆ Adult Education, Beginners and Youth Brochures
- ◆ Monthly Calendar
- ◆ Shabbat Announcements
- ◆ Manhattan Kosher Establishments

To view the website, you'll first need a program called *Adobe Acrobat Reader*, which you can get for free by visiting: <http://www.adobe.com/products/acrobat/readstep2.html>

**E-MAIL**

Join KJ's popular e-mail group list for free timely announcements. Notify the synagogue office of your name and e-mail address by writing to [Joel@ckj.org](mailto:Joel@ckj.org) and we will be happy to add your name.

**CREATE AN  
ENDURING LEGACY**

Please consider participating in the Congregation's Endowment and Planned Giving Program, through which you can create an enduring legacy of active participation in KJ. Contact Leonard Silverman at 212-774-5680 or [LSS@ckj.org](mailto:LSS@ckj.org) for information.



## In Memoriam

### Frank Debora

A senior member of the congregation passed away at the beginning of the summer. He loved KJ and he was extremely proud of the way in which his son, David, grew up in Ramaz. David's recent marriage gave him a feeling of fulfillment.

Frank Debora particularly loved to come to our Seudah Shlishit programs. He enjoyed the camaraderie and the learned presentations.

A quiet man by nature, he was respected by all. We express our condolences to his beloved wife, Lea, and to David and his family. May his memory be a blessing for all.



### Florence Gelfand

Mrs. Gelfand was a first-class Jewish lady. She was beautiful, brimming with confidence, boldness, and daring. She was a very successful businessperson, with many accomplishments in building real estate.

Her greatest love was her family. She was married for 40 years to the late Dr. H. Harold Gelfand, a cherished member of our community. For the last 25 years, as a widow, she continued to shower love on her extremely attentive and caring family. She was a lady of exceptional generosity which she manifested toward our congregation and toward other worthy causes. Her smile was her trademark and her genuine religious feeling was with her right to the end.

May her memory be a blessing for the congregation and for her family.

### Matilde Udell

After many years of illness and disability, we lost a wonderful member of the congregation. Matilde Udell, the beloved wife of our member Harold, was part of the congregational family for over thirty years.

She was a gifted buyer in the fashion industry, specializing in bridal gowns. Her taste and sense of style were matched by her kindness and goodness.

Everyone loved Matty Udell, her coworkers, her friends, and her neighbors here at KJ. She and her husband enjoyed 34 years of very happy married life. During her declining months and years her major concern was for his well-being, even as his always was for her care and health.

We will remember her with fondness and we pray that Harold will be spared further sorrow for a long time to come.

## MAJOR GENERAL DORON ALMOG GREETS RABBI LOOKSTEIN ON TISHA B'AV AT KJ



A leader in the Israel Defense Forces, the General now also lends his leadership to the Aleh Foundation – the Center for the Rehabilitation and Advancement of Special Children. The Center helps hundreds of children with severe disabilities. It provides them with high-level

medical and rehabilitative care in a nurturing environment, and assists them in becoming more independent and reaching their full potential. We were proud to have had General Almog *davening* with us on Tisha B'Av.

## BNAI MITZVAH



**JEREMY ASCHERMAN**

Mazel Tov to Drs. Corrine and Jeffrey Ascherman on the Bar Mitzvah of their son Jeremy, which took place on August 14 at the Kotel and on August 16 at the Yemin Moshe Synagogue in Jerusalem. Jeremy read Parashat *Eikev* and the Haftorah, and delivered a Dvar Torah related to *Eikev*.

Jeremy is an eighth grade student at the Ramaz Middle School



**MAX GOLDSTEIN**

Mazel Tov to Amy and Alex Goldstein on the Bar Mitzvah of their son, Max, which took place on August 26 in Jerusalem. Max read the weekly portion of *Shoftim*, led Shacharit and delivered a Dvar Torah on *The Importance of the Mitzvah of Appointing Shoftim and Shotrim*. He also performed a Chesed project in Israel during the summer to mark this occasion. On September 6, Max will read the Maftir and Haftorah from *Ki Tetze* in the Main Synagogue.

Max is a student in the seventh grade at the Ramaz Middle School



**TALIA THURM**

Mazel Tov to Deena and Dr. Jonathan Thurm on the forthcoming Bat Mitzvah of their daughter Talia, which took place in Israel on August 16. Talia delivered a Dvar Torah on the roles of ancient and modern women in Jewish history. She also performed a special Chesed project to mark this milestone.

Talia is a seventh grade student in the Ramaz Middle School.



**RAQUEL MOFFSON**

Mazel Tov to Sheera and Michael Moffson on the forthcoming Bat Mitzvah of their daughter Raquel, which will take place on September 6 at Kehilath Jeshurun. Raquel will deliver a Dvar Torah on *Ki Tetze*.

Raquel is a student in the sixth grade at the Ramaz Middle School



**ALEXANDRA KAHN**

Mazel Tov to Judy and Hirshel Kahn on the forthcoming Bat Mitzvah of their daughter Alexandra, which will take place on October 16. She will deliver a Dvar Torah on *Sukkot*.

Lexie is a student in the seventh grade of the Ramaz Middle School.

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## WITHIN OUR FAMILY

### BIRTHS

Mazel Tov to:

Sara and Joshua Bleier on the birth of a daughter, Kayla Aliza.

Barbara and Jonathan Blinken on the birth of a daughter, Charlotte.

Eugenia and Dr. Ira Davis on the birth of a son, Jacob Benjamin.

Dena and Jonathan Dubroff on the birth of a daughter, Hannah Rose.

Michal and Dr. Nathan Fox on the birth of a daughter, Nili Ziona.

Andrea and Prof. Marcel Kahan on the birth of a daughter, Talia Helen.

Hillary and Stuart Nayman on the birth of a son, Benjamin Aaron.

Carol and Melvin Newman, on the birth of a granddaughter, Ita Leah, to their children Amanda Newman-Getzler and Joshua Getzler.

Heather and Jerry Siegelman on the birth of a son, Marc Zachary.

*May these children grow up in the finest tradition of Torah, chupah, and maasim tovim.*

### ENGAGEMENT

Mazel Tov to:

Wilma and Stephen Kule, on the engagement of their son Jonathan to Nadia Mishal of Michigan.

*May their wedding take place in happiness and blessing.*

### WEDDING

Mazel Tov to:

Shlomit and KJ President Chaim Edelstein on the marriage of their son Ariel to Elizabeth Hercman, daughter of Cynthia and Abe Hercman, of Hillcrest, Queens.

*May they enjoy their marriage with happiness and blessing.*

### COMMUNAL HONORS

Congratulations to:

Jonathan (Yoni) Oppenheim, son of Mr. and Mrs. E. Magnus Oppenheim, who was invited to attend Hillel: The Foundation for Jewish Campus Life organization's 2003 International Student Leaders Assembly in August.

Itzhak Perlman, who will receive one of this year's Kennedy Center Honors on December 7. The honor will celebrate the career of this Israel born virtuoso and the happiness and pleasure that he has brought to so many through his gifts as a musician and through his courage and kindness as a mensch.

Wolf A. Popper, on his election to the Board of the National Association of Holocaust Survivors (NAHOS), and on his appointment to the Advisory Board of Carnegie East, the assisted-living facility on 2nd Avenue and 95th Street.

### COMMUNAL LEADERSHIP

Congratulations to:

Alice Usdan, who will co-chair the 58<sup>th</sup> Annual Opera Benefit and Après Opera Gala of the Yeshiva University Women's Organization (YUWO) on Saturday evening, November 8 at Lincoln Center. The event will feature a performance of Puccini's "Turandot" by the New York City Opera, followed by a gala buffet dinner on the Grand Promenade of the New York State Theatre. Alice is a vice president of YUWO. For event information and reservations, please call the YUWO office at 212-960-0855.

### NATIONAL SERVICE

Congratulations to:

Professor Jonathan C. Javitt, M.D., M.P.H., Chief Scientific Advisor for ActiveHealth Management, on his appointment by President Bush to the President's Information Technology Advisory Committee (PITAC). The committee provides the President with expert, independent advice to help guide the Administration's efforts to accelerate the development and adoption of information technologies vital for American prosperity in the 21st century. Mazel Tov as well to his parents Sue and Dr. Norman Javitt.

### PROFESSIONAL ACHIEVEMENT

Congratulations to:

David Scharfstein, son of Barbara and

Bernard Scharfstein, on his appointment as Professor of Finance at the Harvard University School of Business. He was previously the Daichi Kangyo Bank Professor of Finance at the Sloan School of Business at MIT.

### ACADEMIC HONORS

Congratulations to:

LAURA ENGLANDER, daughter of Caryl and Israel Englander, and niece of Helen and Jack Nash, upon her graduation from Brown University with a double major in Biology and Art History.

MICHAEL ENGLANDER, daughter of Caryl and Israel Englander, and nephew of Helen and Jack Nash, upon his graduation from Columbia University School of Business with a double Masters in Business and Systems Engineering.

JAY JOSHUA (KOBY) OPPENHEIM, son of Mr. and Mrs. E. Magnus Oppenheim, upon his completion of a Dorot Foundation Fellowship at the Hebrew University in Jerusalem. He will serve the next six months as a volunteer program coordinator at the new American Jewish Joint Distribution Committee campus in Minsk, Byelorussia.

ARIEL ZBOROWSKI, daughter of Annette and Murry Zborowski, upon her completion of the Ramaz Middle School this past June.

### CONDOLENCES

Our condolences to:

Hon. Robert Abrams, on the passing of his mother, Dorothy Abrams.

Alexandra Hocherman, on the passing of her brother Peter Binder.

Elizabeth (Betsy) Klarfeld, on the passing of her mother, Louise Barth.

Paul Oltuski, on the passing of his brother, Steven Oltuski.

Jennifer Roth, on the passing of her father, Basil Press.

Randy Zablow, on the passing of his mother, Diana Zablow.

*May they be comforted among all those who mourn for Zion and Jerusalem.*

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#### Synagogue Officials

Dr. Haskel Lookstein ..... *Rabbi*  
Joshua Cypess ..... *Assistant Rabbi*  
Elimelech Weinstock ..... *Assistant Rabbi*  
Avram Davis ..... *Cantor Emeritus*  
Mayer Davis ..... *Cantor*  
Robert J. Leifert ..... *Executive Director*  
Leonard Silverman ..... *Administrator*  
Alice Smokler ..... *Administrative Director*

#### Officers of the Congregation

Chaim Edelstein ..... *President*  
Isaac Sherman ..... *Vice President*  
Rae Gurewitsch ..... *2nd Vice President*  
Robert Kurzweil ..... *3rd Vice President*  
Dr. Larry Baruch ..... *Secretary*  
Eric Feldstein ..... *Treasurer*  
Dr. Diana Friedman ..... *Financial Secretary*  
Jacob Dofl ..... *Recording Secretary*  
Riva Alper ..... *Pres. Sisterhood*  
Dr. Mark Meirowitz ..... *Pres. Men's Club*  
Sara Shemia ..... *Pres. Keshet*  
Deena Shiff ..... *Pres. Keshet*  
Robyn Stonehill ..... *Pres. Keshet*

#### Past Presidents

Benjamin Brown Fred Distenfeld  
Samuel Eisenstat Stanley Gurewitsch

#### Office Staff

Florence Cohen  
Joel Ney Roberta Cymbol Hannah Ney  
Hattie Murphy ..... *Comptroller*  
Rudy Arjune ..... *Superintendent*

#### SHABBAT SCHEDULE

		<i>Friday Lighting of Candles</i>	<i>Friday Evening Services</i>	<i>Saturday Afternoon Services</i>	<i>Sabbath Ends</i>
September					
5-6	Ki Tetze	7:04 PM	6:45 PM	6:50 PM	7:57 PM
12-13	Ki Tavo	6:53 PM	6:45 PM	6:40 PM	7:46 PM
19-20	Nitzavim	6:41 PM	6:45 PM	6:30 PM	7:33 PM
26-27	Rosh Hashanah I	6:29 PM	6:40 PM	6:25 PM	7:21 PM
October					
3-4	Ha'azinu Shabbat Shuvah	6:17 PM	6:30 PM	5:40 PM	7:09 PM
10-11	Sukkot I	6:06 PM	6:20 PM	6:05 PM	6:57 PM
17-18	Shemini Atzeret	5:55 PM	6:10 PM	5:55 PM	6:47 PM
24-25	Bereishit	5:45 PM	6:00 PM	5:35 PM	6:38 PM

#### SCHEDULE OF SERVICES

Weekday mornings.....7:30 AM  
Sunday mornings .....8:30 AM  
Mondays and Thursdays .....7:15 AM  
Rosh Chodesh Weekdays .....7:00 AM  
Sabbath mornings.....9:00 AM

#### EVENING SERVICES

August - September 25 . . .6:45 PM    October 7-10 .....6:20 PM  
September 30-October 3 . .6:30 PM    October 13-17 .....6:10 PM  
October 20-24 .....6:00 PM  
October 26-31 .....4:50 PM

#### DATES TO REMEMBER

##### Monday, September 29

##### *Tsom Gedaliah*

Fast of Gedaliah

Fast begins at 5:29 AM

Morning Services at 6:45 AM

Evening Services at 6:20 PM

Fast ends at 7:14 PM

##### **Sunday and Monday, October 26 & 27**

Rosh Chodesh Cheshvan

Morning Services at 8:30 AM & 7:00 AM

High Holy Day Season Schedule

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